

The Dancers' Choice CT LLC

627 Main Street
Monroe, CT 06468

2024-2025 Dress Code/Supply List

Class: Beginner Ballet

Day/Time: Mondays 4:30-5:15 pm

Attire: Dance Leotards, Dance Tights (Black, Nude or Pink)
(Ballet Skirts and Sweaters are optional)

Shoes: Pink Leather Ballet Shoes

Hair: Slicked Back Ballet Bun, with hairnet or bun cover

Class: Advanced Jazz

Day/Time: Mondays 6:15-7:15 pm

Attire: Tight Fitting Attire (leggings, leotards, spandex shorts, tank tops, leotards, cropped workout tops etc)

Shoes: Tan Jazz Shoes

Hair: Slicked back pony, bun, braids etc

Class: Advanced Hip Hop

Day/Time: Mondays 7:15-8:15 pm

Attire: Loose Fitted Clothing (Baggy T-shirts, sweatpants, loose tank tops etc)

Shoes: Supportive Athletic Sneakers

Hair: Slicked back pony, bun, braids etc

Class: Pre-Pointe

Day/Time: Tuesdays 4:30-5:00 pm

Attire: Dance Leotards, Convertible Dance Tights (Black, Nude or Pink)
(Ballet Skirts and Sweaters are optional)

Shoes:

(Demi Pointe) Pink ballet shoes (check their ballet class level for style)

If a dancer has been evaluated and invited to get pointe shoes, please check with Miss Quinn on pointe shoe fittings etc.

NOT EVERY DANCER IN THIS CLASS HAS BEEN CLEARED FOR POINTE SHOES

Hair: Slicked Back Ballet Bun, with hairnet or bun cover

Supplies: Theraband

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Class: Advanced Ballet

Day/Time: Tuesdays 5:00-6:15 pm

Attire: Dance Leotards, Convertible Dance Tights (Black, Nude or Pink)
(Ballet Skirts and Sweaters are optional)

Shoes: Pink canvas split sole ballet shoes

Hair: Slicked Back Ballet Bun, with hairnet or bun cover

Supplies: Theraband, Yoga Block and Rubber Pinky Ball or Tennis Ball

Class: Advanced Contemporary

Day/Time: Tuesdays 6:15-7:15 pm

Attire: Tight Fitting Attire (leggings, leotards, spandex shorts, tank tops, leotards, cropped workout tops etc)

Slicked back pony, bun, braids etc

Shoes: Tan Leather Turners

Class: Beginner Musical Theater

Day/Time: Wednesdays 4:30-5:15 pm

Attire: Tight Fitting Attire (leggings, leotards, spandex shorts, tank tops, leotards, cropped workout tops etc)

Shoes: Tan Jazz Shoes

Hair: Slicked back pony, bun, braids etc

Class: Beginner/Intermediate Tap

Day/Time: Wednesdays 5:15-6:00 pm

Attire: Tight fitting bottoms (Leggings, Tights, Shorts, Joggers etc) and any dance top (Leotards, T-Shirts, Tanks etc)

Shoes: Black Tie Up Tap Shoes

Hair: Slicked back pony, bun, braids etc

Class: Intermediate/ Advanced Musical Theatre

Day/Time: Wednesdays 6:00-7:00 pm

Attire: Tight Fitting Attire (leggings, leotards, spandex shorts, tank tops, leotards, cropped workout tops etc)

Shoes: Tan Jazz Shoes

Hair: Slicked back pony, bun, braids etc

Class: Advanced Tap

Day/Time: Wednesdays 7:00-8:00 pm

Attire: Tight fitting bottoms (Leggings, Tights, Shorts, Joggers etc) and any dance top (Leotards, T-Shirts, Tanks etc)

Shoes: Black Tie Up Tap Shoes

Hair: Slicked back pony, bun, braids etc

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Class: Pre-Teen Troupe Class

Day/Time: Thursday 4:30-5:30 pm

Attire: Tight Fitting Attire (leggings, leotards, spandex shorts, tank tops, leotards, cropped workout tops etc)

Shoes: Tan Leather Turners

Hair: Slicked back pony, bun, braids etc

Supplies: 1-2 Lb Ankle Weights

Class: Performance/Pre-Professional Technique, Strength, Conditioning

Day/Time: Thursdays 5:30-6:30 pm

Attire: Tight Fitting Attire (leggings, leotards, spandex shorts, tank tops, leotards, cropped workout tops etc)

Shoes: Tan Leather Turners

Hair: Slicked back pony, bun, braids etc

Supplies: 1-2 Lb Ankle Weights

Class: Beginner/Intermediate Hip Hop

Day/Time: Friday 4:30-5:15 pm

Attire: Loose Fitted Clothing (Baggy T-shirts, sweatpants, loose tank tops etc)

Shoes: Supportive Athletic Sneakers

Hair: Slicked back pony, bun, braids etc

Class: Beginner/Intermediate Acro

Day/Time: Friday 5:15-6:00 pm

Attire: Tight Fitted Clothing (Leotards, Spandex Shorts, Leggings, tank tops, cropped workout tops etc) NO TIGHTS

Shoes: N/A

Hair: Slicked back pony, bun, braids etc

Class: Advanced Tumbling

Day/Time: Fridays 7:00-8:00 pm

Attire: Tight Fitted Clothing (Leotards, Spandex Shorts, Leggings, tank tops, cropped workout tops etc) NO TIGHTS

Shoes: N/A

Hair: Slicked back pony, bun, braids etc

Class: My Very First Ballet Class

Day/Time: Saturdays 9:00-9:30 am

Attire: Ballet Leotard with Pink Ballet tights and Skirt or tutu

Adult: Athletic Attire and Athletic Sneakers

Hair: Out of their face, no accessories that could get caught on anything or another dancer

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Class: Fundamentals of Dance

Day/Time: Saturday 9:30-10:15 pm

Attire: Dance Leotards, Dance Tights (Black, Nude or Pink)
(Ballet Skirts and Sweaters are optional)

Shoes: Pink Leather Ballet Shoes (Please cut ties out before 1st class) and Black Mary-Jane Style Tap Shoes (Please have elastics not ties)

Hair: Slicked Back Ballet Bun, with hairnet or bun cover

Class: Beginner/intermediate Jazz

Day/Time: Saturdays 10:15-11:00 am

Attire: Tight Fitting Attire (leggings, leotards, spandex shorts, tank tops, leotards, cropped workout tops etc)

Shoes: Tan Jazz Shoes

Hair: Slicked back pony, bun, braids etc

Class: Intermediate Ballet

Day/Time: Saturdays 11:00-11:45 am

Attire: Dance Leotards, Convertible Dance Tights (Black, Nude or Pink)
(Ballet Skirts and Sweaters are optional)

Shoes: Pink canvas split sole ballet shoes

Hair: Slicked Back Ballet Bun, with hairnet or bun cover

Supplies: Theraband, Yoga Block

Class: Performance-Advanced Ballet

Day/Time: 11:45-1:00 pm

Attire: Dance Leotards, Convertible Dance Tights (Black, Nude or Pink)
(Ballet Skirts and Sweaters are optional)

Shoes: Pink canvas split sole ballet shoes

Hair: Slicked Back Ballet Bun, with hairnet or bun cover

Supplies: Theraband, Yoga Block, Rubber Pinky Ball or Tennis Ball

Class: Advanced Acro

Day/Time: Friday Saturdays 1:00-2:00 pm

Attire: Tight Fitted Clothing (Leotards, Spandex Shorts, Leggings, tank tops, cropped workout tops etc) NO TIGHTS

Shoes: N/A

Hair: Slicked back pony, bun, braids etc